

ESSENTIAL MERIDIONAL SURFACES FOR TUNNEL NUMBER ONE KNOTS

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ABSTRACT. We show that for each pair of positive integers g and n , there are tunnel number one knots, whose exteriors contain an essential meridional surface of genus g , and with $2n$ boundary components. We also show that for each positive integer n , there are tunnel number one knots whose exteriors contain n disjoint, non-parallel, closed incompressible surfaces, each of genus n .

1. INTRODUCTION

In this paper we consider essential surfaces, closed or meridional, properly embedded in the exteriors of tunnel number one knots. The exterior of a knot k is denoted by $E(k) = S^3 - \text{int } N(k)$. Recall that a knot k in S^3 has tunnel number one if there exists an arc τ embedded in S^3 with $k \cap \tau = \partial\tau$, such that $S^3 - \text{int } N(k \cup \tau)$ is a genus 2 handlebody. Such an arc is called an unknotting tunnel for k . Equivalently, a knot k has tunnel number one if there is an arc τ properly embedded in $E(k)$, such that $E(k) - \text{int } N(\tau)$ is a genus 2-handlebody; in general, the unknotting tunnels we consider are of this type. Sometimes it is convenient to express a tunnel τ' for a knot k as $\tau' = \tau_1 \cup \tau_2$, where τ_1 is a simple closed curve and τ_2 is an arc connecting τ_1 and $\partial N(k)$; by sliding the tunnel we can pass from one expression to the other.

A surface S properly embedded in a 3-manifold M is essential if it is incompressible, ∂ -incompressible, and non-boundary parallel. A surface properly embedded in the exterior of a knot k is meridional if each component of ∂S is a meridian of k . Let M be a compact 3-manifold, and let S be a surface in M , either properly embedded or contained in ∂M . Let k be a knot in the interior of M , intersecting S transversely. Let $\hat{S} = S - \text{int } N(k)$. The surface \hat{S} is properly embedded in $M - \text{int } N(k)$, and its boundary on $\partial N(k)$, if any, consists of meridians of k . We say that \hat{S} is meridionally compressible in (M, k) , if there is an embedded disk D in M , intersecting k at most once, with $\hat{S} \cap D = \partial D$, so that ∂D is a nontrivial curve on \hat{S} , and is not parallel to a component of $\partial \hat{S}$ lying on $\partial N(k)$. Otherwise

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\hat{S} is called meridionally incompressible. In particular if \hat{S} is meridionally incompressible in (M, k) , then it is incompressible in $M - k$.

Some results are available on incompressible surfaces in tunnel number one knot exteriors. Regarding meridional surfaces, it is shown in [GR] that the exterior of a tunnel number one knot does not contain any essential meridional planar surface. Another proof of this fact is given in [M]. This says that any tunnel number one knot is indecomposable with respect to tangle sum. Considering closed surfaces, it is shown in [MS] that there are tunnel number one knots whose complements contain an essential torus, and such knots are classified. In [E2] it is proved that for each $g \geq 2$, there exist infinitely many tunnel number one knots whose complements contain a closed incompressible surface of genus g ; such surfaces are also meridionally incompressible.

In this paper we prove the following,

Theorem 3.2. *For each pair of integers $g \geq 1$ and $n \geq 1$, there are tunnel number one knots K , such that there is an essential meridional surface S in the exterior of K , of genus g , and with $2n$ boundary components. Furthermore, S is meridionally incompressible.*

This gives a positive answer to question 1.8 in [GR]. It follows from [CGLS] that any of the knots of Theorem 3.2 also contains a closed essential surface of genus ≥ 2 . That surface is obtained by somehow tubing the meridional surface. However such a surface will be meridionally compressible.

Combining the construction of [E2, §6] with that of Theorem 3.2, we get the following,

Theorem 3.3. *For each positive integer n , there are tunnel number one knots K , such that in the exterior of K there are n disjoint, non-parallel, closed incompressible surfaces, each of genus n .*

It follows from the construction that one of the surfaces, say S_1 , is meridionally compressible while the others are meridionally incompressible. It follows also that the surface S_1 is the closest to $\partial E(K)$, that is, S_1 and $\partial E(K)$ bound a submanifold M which does not contain any of the other surfaces. It follows from [CGLS, 2.4.3] that S_1 remains incompressible after performing any non-integral Dehn surgery on K , and then so does any of the other surfaces. This fact, Theorem 3.3 and the observation that the exterior of a tunnel number one knot is a compact 3-manifold with Heegaard genus 2, imply the following.

Corollary. *For each positive integer n , there are closed, irreducible 3-manifolds M , with Heegaard genus 2, such that in M there are n disjoint, non-parallel, closed incompressible surfaces, each of genus n .*

This corollary improves one of the results of [Q], where it is shown that for each n , there exist closed irreducible 3-manifolds with Heegaard genus 2 which contain an incompressible surface of genus n .

In Theorem 3.3 the genus of the surfaces grows as much as the number of surfaces. This fact is essential, i.e., it is not just a consequence of the construction method. It follows from the main Theorem of the recent paper [ES], that it is impossible for an irreducible 3-manifold with Heegaard genus g , with or without boundary, to contain an arbitrarily large number of disjoint and closed incompressible surfaces of bounded genus.

The idea of the proof of Theorem 3.2 is the following: Start with a tunnel number one knot k , and unknotting tunnel τ , and a closed incompressible surface in the complement of k which intersects τ in two points. We know by [MS] and [E2] that such knots do exist. Now take an iterate of k and τ , i.e., a knot k^* formed by the union of two arcs $k^* = k_1 \cup k_2$, where $k_1 = \tau$ and k_2 is an arc lying on $\partial N(k)$. Thus k^* intersects S in two points. It follows that k^* is a tunnel number one knot (see Lemma 3.1); an unknotting tunnel τ^* for k^* is formed by the union of k and an arc joining k to a point in $k_1 \cap k_2$. Slide τ^* so that it becomes an arc with endpoints on k^* , also denoted by τ^* . Now take an iterate of k^* and τ^* ; this is a knot k^{**} with tunnel number one which intersects S in as many points as desired. If k^* and k^{**} satisfy certain conditions (Theorem 2.1), the surfaces $S_1 = S - \text{int } N(k^*)$ and $S_2 = S - \text{int } N(k^{**})$ are essential meridional surfaces in the exterior of k^* and k^{**} , respectively.

Throughout, 3-manifolds and surfaces are assumed to be compact, connected and orientable. If X is contained in a 3-manifold M , then $N(X)$ denotes a regular neighborhood of X in M ; if X is contained in a surface S , then $\eta(X)$ denotes a regular neighborhood of X in S . $\Delta(\alpha, \beta)$ denotes the minimal intersection number of two essential simple closed curves on a torus T .

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2. CONSTRUCTION OF ESSENTIAL MERIDIONAL SURFACES

Let k be a knot in S^3 , and let $\tau' = \tau_1 \cup \tau_2$ be an unknotting tunnel for k , where τ_1 is a simple closed curve, and τ_2 is an arc with endpoints in $\partial N(k)$ and τ_1 . Let S be a closed surface of genus g contained in the exterior of k ; then S divides S^3 into two parts, denoted by M_1 and M_2 , where, say, k lies in M_2 . We say that S is special with respect to k and τ' if it satisfies:

- (1) τ_1 is disjoint from S , and τ_2 intersects S transversely in one point, so τ_1 lies in M_1 ;
- (2) S is essential in $E(k)$.

This definition is a variation of the one given in [E2, §6].

Note that by [MS], [E1], there exist knots with these properties when $g = 1$; when $g \geq 2$, the existence of knots like these follows from [E2, 6.1]. Note that $M_2 \cap N(\tau_2)$ is a cylinder $R \cong D^2 \times I$, so that $R \cap S$ is a disk $D_1 \cong D^2 \times \{1\}$, and $R \cap N(k)$ is a disk $D_0 \cong D^2 \times \{0\}$. Slide τ_1 over τ_2 , to get an arc τ with both endpoints on $D_0 \subset \partial N(k)$, so that $\tau \cap M_2$ consists of two straight arcs contained in R , i.e., arcs which intersect each disk $D^2 \times \{x\}$ transversely in one point. The surface S and the arc τ then intersect in two points. The arc τ has a neighborhood $N(\tau) \cong D^2 \times I$, so that $N(\tau) \cap M_2 \subset R$.

Let P be a solid torus, D_0 a disk contained in ∂P , and $\rho = \{\rho_1, \dots, \rho_n\}$, a collection of arcs properly embedded in P , so that its endpoints lie in D_0 . We say that this forms a toroidal tangle with respect to D_0 , and denote it by (P, D_0, ρ) .

Recall that the wrapping number of a knot in a solid torus is defined as the minimal number of times that the knot intersects any meridional disk of such solid torus. We define the wrapping number of an arc ρ_i in P as the wrapping number of the knot obtained by

joining the endpoints of ρ_i with an arc in D_0 , and then pushing it into the interior of P . This is well defined.

The tangle (P, D_0, ρ) is good if:

- (1) Each arc ρ_i has wrapping number ≥ 1 in P , and there is at least one arc ρ_i whose wrapping number in P is ≥ 2 ;
- (2) Each arc ρ_i has no local knots, i.e., if a sphere S intersects ρ_i in two points, then S bounds a ball B such that $B \cap \rho_i$ is an unknotted spanning arc.

If the tangle (P, D_0, ρ) is good, then $D_0 - \partial\rho$ is incompressible in $P - \rho$, i.e., there is no disk D properly embedded in P , disjoint from ρ , with $\partial D \subset D_0$, and such that ∂D is essential in $D_0 - \partial\rho$.

Let A be an annulus in ∂P , essential in P , so that $D_0 \subset A$. The tangle (P, D_0, ρ) is good with respect to A if:

- (1) (P, D_0, ρ) is good.
- (2) No arc ρ_i is isotopic relative to $\partial\rho_i$ to an arc λ contained in A (ignoring the other arcs).

Let \hat{k} be a knot contained in the interior of $N(k) \cup N(\tau)$. We say that \hat{k} is specially knotted if:

- (1) \hat{k} intersects the disk D_0 transversely in $2n$ points, so that $\hat{k} \cap N(\tau)$ consists of n straight arcs in $N(\tau)$ ($\cong D^2 \times I$);
- (2) the toroidal tangle $(N(k), D_0, \rho)$ is good, where $\rho = \hat{k} \cap N(k)$;
- (3) in the case that k is parallel to a curve lying on S , assume also the following: let γ be the curve on $\partial N(k)$ which cobounds an annulus with a curve on S , and so that γ meets D_0 in one arc. Let $A = \eta(\gamma \cup D_0)$. Then $(N(k), D_0, \rho)$ is good with respect to A ,

As $N(\tau) \cap M_2 \subset R$, it follows that $\hat{k} \cap R$ consists of $2n$ straight arcs. So \hat{k} intersects S in $2n$ points. Let $\hat{S} = S \cap E(\hat{k})$. This is a surface properly embedded in $E(\hat{k})$, whose boundary consists of $2n$ meridians of the knot \hat{k} .

Theorem 2.1. *Let k be a knot, $\tau' = \tau_1 \cup \tau_2$ an unknotting tunnel for k , and S a surface which is special with respect to k and τ' . Let $\hat{k} \subset N(k) \cup N(\tau)$ be a knot which is specially knotted. Then the surface $\hat{S} = S \cap E(\hat{k})$ is an essential meridional surface in the exterior of \hat{k} . Furthermore, if the surface S is meridionally incompressible in (S^3, k) , then \hat{S} is meridionally incompressible in (S^3, \hat{k}) . If S is meridionally compressible, but the wrapping number of some arc ρ_i in $N(k)$ is ≥ 3 , where $\rho = N(k) \cap \hat{k}$, then \hat{S} is meridionally incompressible.*

Proof. To prove that the surface \hat{S} is essential in the exterior of \hat{k} , it suffices to show that it is incompressible, because any two-sided, connected, incompressible surface in an irreducible 3-manifold with incompressible torus boundary must be ∂ -incompressible, unless it is a boundary-parallel annulus, which is not the case here.

Let $S' = (S \cup \partial R - \text{int}(D_1))$, so S' is isotopic to S , and let $\tilde{S} = S' \cap E(\hat{k})$; then \tilde{S} is a surface isotopic to \hat{S} . Denote by M'_1 and M'_2 the complementary regions of \tilde{S} in $E(\hat{k})$,

where $\partial N(k) \cap E(\hat{k})$ lies in M'_2 . Let $T = \partial N(k) - \text{int}(D_0)$. This is a once punctured torus, which is properly embedded in M'_2 , i.e., $\tilde{S} \cap T = \partial T = \partial D_0$.

Let D be a compression disk for \tilde{S} . Suppose first that it lies in M'_1 . As S' is essential in $E(k)$, it follows that ∂D is a trivial curve on S' which bounds a disk $D' \subset S'$, and $D \cup D'$ bounds a 3-ball B . As ∂D is supposed to be essential in \tilde{S} , one arc α of \hat{k} contained in M'_1 must in fact be contained in the 3-ball B . We may assume that $\alpha = \tau$. Note that ∂D must be isotopic in $S' - \partial\tau$ to ∂D_0 . Then the tunnel τ is contained in a 3-ball, which implies that k is the trivial knot. This is a contradiction.

Suppose then that D lies in M'_2 . Consider the intersection between T and D . If they do not intersect, then there are two cases: (1) D is contained in $N(k)$. In this case ∂D must lie on D_0 , which implies that ∂D is trivial on \tilde{S} , or that $D_0 - \rho$ is compressible in $N(k) - \rho$, which contradicts the hypothesis. (2) D is disjoint from $N(k)$. One possibility is that ∂D is isotopic to ∂D_0 , but in this case the tunnel τ is, as above, contained in a 3-ball which is impossible. Otherwise, by isotoping D we may assume that ∂D is contained in S , and then D is also a compression disk for S disjoint from $N(k)$, which contradicts the hypothesis that S is incompressible in $E(k)$.

Assume then that D and T have nonempty intersection. This intersection consists of a finite number of arcs and simple closed curves. Assume also that D has been chosen, among all compression disks, to have a minimal number of intersections with T . This implies that any curve or arc of intersection is essential in T , for if one curve (arc) is trivial, then doing surgery on D with the disk bounded by an innermost curve (outermost arc) we get a disk with fewer intersections with T .

Let σ be a simple closed curve of intersection which is innermost in D , so it bounds a disk D' whose interior is disjoint from T . If D' lies in $N(k)$, then σ is either a meridian of T , or it is parallel to ∂T , but in both cases it follows that $D_0 - \rho$ is compressible in $N(k) - \rho$. If the interior of D' is disjoint from $N(k)$, then as k is a nontrivial knot, σ must be trivial on T , which contradicts the choice of D .

Assume then that the intersections between D and T consists only of arcs. Let σ be an outermost arc in D which bounds a disk E . Suppose first that $E \subset N(k)$. Then $\partial E = \sigma \cup \delta$, where $\delta \subset D_0$. It follows that ∂E is nontrivial on $\partial N(k)$, i.e., it is a meridian of $N(k)$, and then each of the ρ_i has wrapping number ≤ 1 in $N(k)$, which contradicts the hypothesis. So E cannot be contained in $N(k)$. Again let $\partial E = \sigma \cup \delta$, where σ is contained in T and δ in \tilde{S} . As σ is nontrivial in T then δ is also nontrivial in $\tilde{S} - D_0$. By isotoping D we can ensure that $\delta \cap \partial R$ consists of two arcs; let $E' \subset \partial R$ be a disk containing these arcs in its boundary. Now $E \cup E'$ is an annulus with one boundary component on S , and the other on $\partial N(k)$. Here we apply [CGLS,2.4.3], where M , S , T , r_0 of that theorem correspond in our notation to $M_2 - \text{int } N(k)$, S , $\partial N(k)$, and the component of $\partial(E \cup E')$ lying on $\partial N(k)$, which we denote also by r_0 . Clearly S compresses after performing meridional surgery on $\partial N(k)$. Then part (b) of [CGLS,2.4.3] implies that $\Delta(\mu, r_0) \leq 1$, where μ is a meridian of $\partial N(k)$. So either $\mu = r_0$, or r_0 goes around $\partial N(k)$ once longitudinally. The first possibility implies that S is meridionally compressible, and the second one implies that k is parallel to a curve lying on S . So we are done, unless one of these cases happens. Note that each of these possibilities excludes the other, for if k is parallel to a curve on S ,

and S is meridionally compressible, then either S is compressible or S is isotopic to $\partial N(k)$.

Suppose first that S is meridionally compressible. Let σ be an outermost arc in D , which bounds a disk E , so that $\partial E = \sigma \cup \delta$, where σ is contained in T and δ in \tilde{S} . As above, there is a disk $E' \subset \partial R$, such that $E \cup E'$ is an annulus with one boundary component on S , and the other is a meridian of $\partial N(k)$. Consider all the outermost arcs on D ; by the argument given above we can assume that any one of them determines a curve on T parallel to σ . Let F be a region on D adjacent to one of the outermost arcs, so that all of its intersections with T , except at most one, are outermost arcs. To find such an F , take the collection of arcs in D which are not outermost arcs, and among these choose one which is outermost. $F \subset N(k)$, and then either ∂F is trivial on $\partial N(k)$, or ∂F is a meridian of $N(k)$. ∂F consists of, say, $2m$ consecutive arcs, $\partial F = \sigma_1, \delta_1, \dots, \sigma_m, \delta_m$, where $\sigma_i \subset T$, and $\delta_i \subset D_0$. Then at least $m - 1$ of the arcs are parallel to σ , say $\sigma_1, \dots, \sigma_{m-1}$. If σ_m is not parallel to σ , then ∂F would go around $N(k)$ once longitudinally, which is impossible, for ∂F bounds a disk in $N(k)$. We conclude that all the arcs σ_i are parallel in T , as in Figure 1.

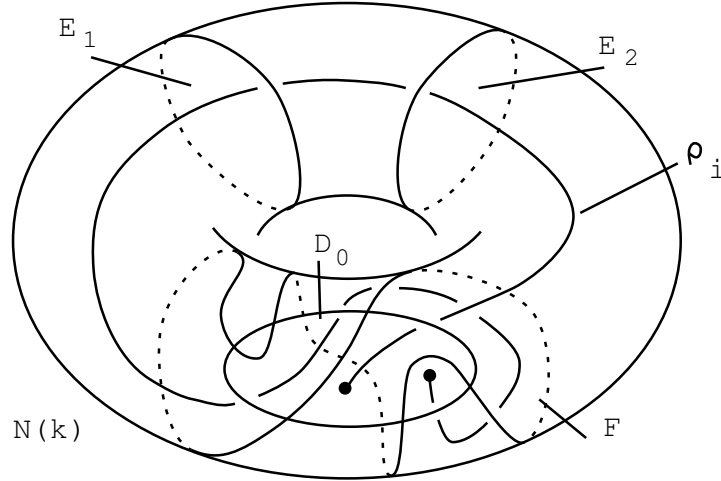


FIGURE 1

Let E_1, E_2 be two meridian disks of $N(k)$ whose boundaries are disjoint from D_0 and $\cup \sigma_i$. Then $E_1 \cup E_2$ bounds a ball B in $N(k)$ which contains D_0 and F , after possibly isotoping F .

There are two cases:

(1) F is parallel to a disk $D_1 \subset \partial N(k)$. Clearly $D_1 \subset B$. F and D_1 cobound a 3-ball B_1 . Suppose that an arc ρ_i is contained in B_1 . By joining the endpoints of ρ_i with an arc contained in D_0 , we get a simple closed curve ρ'_i , which is contained in B , and then its wrapping number in $N(k)$ is 0, which contradicts the hypothesis.

So suppose no arc ρ_i is contained in B_1 . Consider $D_1 \cap \partial D_0$. This is a collection of arcs which divide D_1 into regions which are in D_0 or in its complement. If there is an outermost arc on D_1 which bounds a disk contained in D_0 , then we can isotope F (and

then D) through D_0 to get a compression disk with fewer intersections with T . If no outermost arc bounds a disk lying in D_0 , choose any region D'_0 of $D_1 \cap D_0$. There is an arc $\alpha \subset D'_0$, whose endpoints lie on ∂D_1 (then $\alpha \subset \text{int } D_0$), and there is a disk $E_0 \subset B_1$, so that $\partial E_0 = \alpha \cup \beta$, where β is an arc on F . Cut D along E_0 , getting two disks; at least one of them is a compression disk for \tilde{S} , but it has fewer intersections with T .

(2) ∂F is a meridian of $N(k)$, so ∂F is parallel to ∂E_1 (see Figure 1). So ∂F separates the annulus $\partial B - \text{int}(E_1 \cup E_2)$ into two annuli, denoted by A_1 and A_2 , where $\partial A_i = \partial E_i \cup \partial F$. Let ρ_i be an arc of ρ , and ρ'_i the simple closed curve obtained by joining the endpoints of ρ_i with an arc in D_0 . If the endpoints of ρ_i lie in the same annulus A_j , then ρ_i is isotopic rel $\partial \rho_i$ (when ignoring the other arcs), to an arc disjoint from E_1 . This implies that the wrapping number of ρ'_i in $N(k)$ is 0, for ρ'_i is isotopic to a curve disjoint from E_1 . If the endpoints of ρ_i lie on different annuli, then ρ_i is isotopic rel $\partial \rho_i$ to an arc which intersects E_1 in one point. This implies that the wrapping number of ρ'_i in $N(k)$ is 1. This contradicts the hypothesis that at least one of the arcs have wrapping number ≥ 2 . This completes the proof when the surface S is meridionally compressible.

Suppose now that k is parallel to a curve on S . As before, let σ be an outermost arc in D , which bounds a disk E , so that $\partial E = \sigma \cup \delta$, where σ is contained in T and δ in \tilde{S} . Recall that the union of σ and an arc on D_0 is a curve γ on $\partial N(k)$ which cobounds an annulus $E \cup E'$ with a curve on S . Let $A = \eta(\gamma \cup D_0)$. Consider all the outermost arcs on D ; recall that any one of them determines a curve on T parallel to σ . Let F be a region on D adjacent to one of the outermost arcs, so that all of its intersections with T , except at most one are outermost arcs. F is then a disk properly embedded in $N(k)$, which intersects D_0 in r arcs, and all the arcs on $T \cap F$, except at most one are parallel. Let $\partial F = \sigma_1 \cup \delta_1 \cup \dots \sigma_r \cup \delta_r$, where $\sigma_i \subset T$, $\delta_i \subset D_0$, and $\sigma_1, \dots, \sigma_{r-1}$ are parallel to σ . There is an annulus Δ properly embedded in $N(k)$, $\partial \Delta = \partial A$. We can assume that $D_0, \sigma_1, \dots, \sigma_{r-1}$ are contained in A . If σ_r is not parallel to σ , then it intersects each component of $\partial \Delta$ in one point. It follows that ∂F is trivial in $\partial N(k)$ if and only if each arc σ_i is parallel to σ .

Suppose first that ∂F is trivial in $\partial N(k)$, then $\partial F \subset A$, and F is parallel to a disk $D_1 \subset A$. We can assume that F and Δ do not intersect. F and D_1 cobound a 3-ball B_1 . Suppose there is an arc $\rho_i \subset B_1$. The arc ρ_i has no local knots, then it is parallel to an arc $\epsilon_i \subset D_1 \subset A$, i.e., the arc ρ_i is isotopic to an arc lying in A , contradicting the hypothesis. See Figure 2.

If there is no arc ρ_i in B_1 , proceed as in the analogous case when \tilde{S} is meridionally compressible, to get a disk $E_0 \subset B_1$, with $\partial E_0 = \alpha \cup \beta$, where $\alpha \subset D_0 \cap D_1$ and $\beta \subset F$, so that by cutting D along E_0 , we get another compression disk for \tilde{S} with fewer intersections with T .

Suppose now that ∂F is a meridian of $N(k)$. Then $\partial F = \alpha \cup \beta$, where $\alpha \subset \partial N(k) - A$, $\beta \subset A$, so $\alpha \subset \sigma_r$. The annulus Δ can be isotoped so that $\Delta \cap F$ is a single arc. A and Δ bound a solid torus Δ' , and $F \cap \Delta'$ is a meridian disk for Δ' . If ρ_i is any of the arcs of ρ , then ρ_i can be isotoped to be in the 3-ball $\Delta' - \text{int } N(F)$, and so it is parallel to an arc lying on A . See Figure 3. This completes the proof.

Now we sketch a proof that \tilde{S} is meridionally incompressible. Suppose there is a disk D

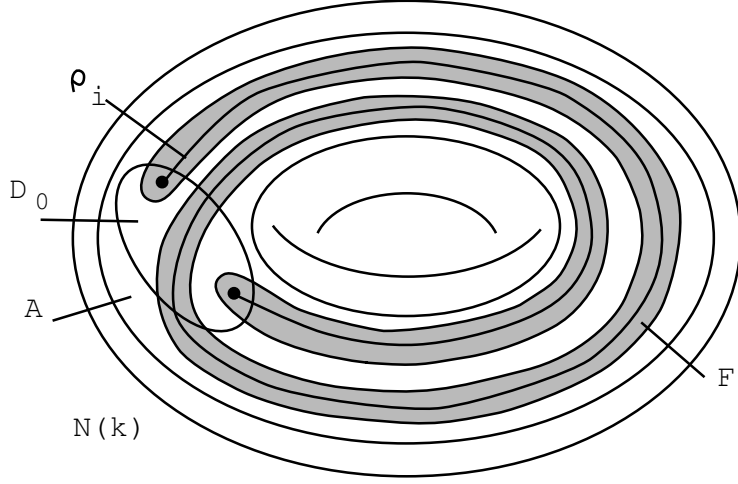


FIGURE 2

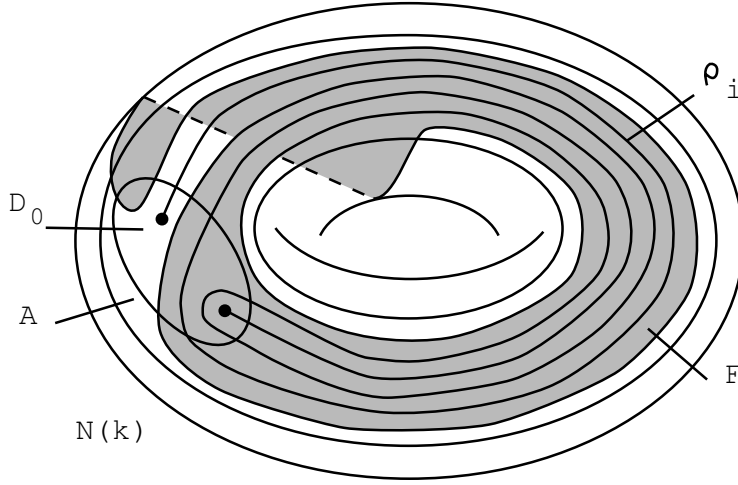


FIGURE 3

embedded in S^3 , with $\tilde{S} \cap D = \partial D$, which is a nontrivial curve on \tilde{S} , and so that \hat{k} intersects D transversely in one point. If the disk D lies in M'_1 , then as S' is incompressible in $E(k)$, it follows that ∂D is a trivial curve on S' , which is the boundary of a disk contained in S' which intersects \hat{k} once, so D is not a disk of meridional compression.

So assume that D lies in M'_2 . Look at the intersections between D and T , and suppose D has been chosen to have minimal intersection with T . This implies that any curve or arc of intersection is essential in T .

Suppose there is a curve of intersection, innermost in D , which bounds a disk D' which meets \hat{k} once. Then D' must lie in $N(k)$. If $\partial D'$ is a meridian of $N(k)$, then each ρ_i has wrapping number ≤ 1 . If $\partial D'$ is not a meridian of $N(k)$, then $\partial D'$ bounds a disk in $\partial N(k)$ which either lies in T or contains D_0 . In either case it is impossible for ρ to meet D' in

exactly one point. This shows that simple closed curves of intersection cannot bound disks which intersect \hat{k} , and then these curves can be removed as before. Suppose there is an outermost arc σ in D which bounds a disk E disjoint from \hat{k} . Doing an argument as the one done to prove the incompressibility of \tilde{S} , we have that E does not lie in $N(k)$. By the same argument, such a disk can exist only if S is meridionally compressible, or if k is parallel to a curve on S . Note that it is always possible to find an outermost arc which bounds a disk disjoint from \hat{k} . So the proof is complete, except if we have one of the cases just mentioned.

Suppose first S is meridionally compressible. In this case we suppose that the wrapping number of some arc ρ_i in $N(k)$ is ≥ 3 . Take an outermost arc of intersection in D , and suppose it bounds a disk D' contained in $N(k)$, which intersects \hat{k} in at most one point. $\partial D'$ is a meridian of $N(k)$, and then the wrapping number of any arc ρ_i in $N(k)$ is ≤ 2 , contradicting the hypothesis in this case. So suppose all outermost arcs bound disks which do not lie in $N(k)$. As in the proof of the incompressibility of \tilde{S} , these arcs in T are all parallel, and each one of them, together with an arc in D_0 is a meridional curve on $\partial N(k)$. If there is a region $F \subset D$, such that all the intersections of F with T , except at most one are outermost arcs, and so that F is disjoint from \hat{k} , proceed as in the proof of the incompressibility of \tilde{S} . If there is no such region F , then $T \cap D$ consists of m arcs, all of which are outermost arcs in D , so that the complement of the arcs is a single region F' contained in $N(k)$ and intersecting \hat{k} once. There are two cases:

(1) F' is parallel to a disk $D_1 \subset \partial N(k)$. F' and D_1 cobound a 3-ball B_1 . If some arc ρ_j is contained in B_1 then its wrapping number in $N(k)$ is 0, contradicting the hypothesis. So there is just one arc ρ_i which intersects B_1 ; one of its endpoints is in D_1 and the arc intersects F' in one point. As ρ_i has no local knots, $B_1 \cap \rho_i$ is an unknotted spanning arc in B_1 . As in the case of the incompressibility, there is a disk $E_0 \subset B_1$, so that $\partial E_0 = \alpha \cup \beta$, where β is an arc on F' , and α is an arc in $D_0 \cap D_1$. Cut D along E_0 , getting two disks; at least one of them is a meridional compression disk for \tilde{S} , but it has fewer intersections with T .

(2) $\partial F'$ is a meridian of $N(k)$. The same proof as in the case of the incompressibility show that if this happens then the wrapping number of any arc ρ_i in $N(k)$ is ≤ 2 .

Suppose now that k is parallel to a curve on S . If σ is an outermost arc of intersection in D , bounding a disk E which does not intersect \hat{k} , then E is not contained in $N(k)$, and $\partial E = \sigma \cup \delta$, where δ is contained in \tilde{S} . The union of σ and an arc on D_0 is a curve γ on $\partial N(k)$ which cobounds an annulus with a curve on S ; so γ is a curve which goes around $N(k)$ once longitudinally. If there is an outermost arc of intersection in D bounding a disk D' which intersects \hat{k} in one point, then D' is a meridian disk of $N(k)$. In particular this shows that $D \cap T$ cannot consist of just one arc. As before, if σ' is another outermost arc in D which bounds a disk disjoint from \hat{k} , then σ' is parallel to σ .

Now proceed as in the proof of the incompressibility of \tilde{S} in the case that k is parallel to a curve on S . The point is to find a region $F \subset D$, such that all the intersections of F with T , except at most one, are outermost arcs, and so that F is disjoint from \hat{k} . If such region exists we are done. If there is an outermost arc on D which bounds a disk which intersects \hat{k} , then such region F does exist, for otherwise $D \cap T$ will consist of just one arc. If such

a region F does not exist, the only possibility left is that $D \cap T$ consists of m arcs, all of which are outermost arcs, and $D \cap N(k)$ is a single disk F' which meets \hat{k} once. Then $\partial F'$ is completely contained in the annulus $A = \eta(\gamma \cup D_0)$, which implies that $\partial F'$ is trivial on A . So F' bounds a disk D_1 contained in A ; F' and D_1 cobound a ball B_1 . If some arc ρ_j is contained in B_1 then it is parallel to an arc lying on A , contradicting the hypothesis. So there is just one arc ρ_i which intersects B_1 ; one of its endpoints is in D_1 and the arc intersects F' in one point. As ρ_i has no local knots, $B_1 \cap \rho_i$ is an unknotted spanning arc in B_1 . As in the proof of the incompressibility of \tilde{S} , we can boundary compress D , getting another meridional compression disk for \tilde{S} , but with fewer intersections with T . \square

Remark. The conditions imposed on the tangle $(N(k), D_0, \rho)$ are somehow local, i.e., they consider each arc separately. Giving to the tangle some global property might produce a slightly stronger theorem.

3. Tunnel number one knots and meridional surfaces.

Let k be a tunnel number one knot, and τ an unknotting tunnel for k which is an embedded arc with endpoints lying on $\partial N(k)$. Assume that a neighborhood $N(k \cup \tau)$ is decomposed as $N(k \cup \tau) = N(k) \cup N(\tau)$, where $N(k)$ is a solid torus, $N(\tau) \cong D^2 \times I$, $N(k) \cap N(\tau)$ consists of two disks E_0 and E_1 , and $\tau = \{0\} \times I$.

Let k^* be a knot formed by the union of two arcs, $k^* = k_1 \cup k_2$, such that k_1 is contained in $\partial N(k)$, and $k_2 = \tau$. We say that k^* is an iterate of k and τ .

Lemma 3.1. *Let k and τ be as above, and let k^* be an iterate of k and τ . Then k^* is a tunnel number one knot. An unknotting tunnel β' for k^* is given by the union of k and a straight arc in $N(k)$ connecting k^* and k .*

Proof. $N(k) - k$ is homeomorphic to a product $T \times [0, 1]$. Let δ be a straight arc in $N(k)$ connecting k and one of the points $k_1 \cap k_2$, i.e., it is an arc which intersects each torus $T \times \{x\}$ in one point. Then $\beta' = k \cup \delta$ is an unknotting tunnel for k^* . To see that, slide k_1 over δ and then over k to get a 1-complex which is clearly equivalent to $k \cup \tau$, so its complement is a genus 2 handlebody. \square

Let k^* be an iterate of k and τ . It follows by construction that $k^* \subset N(k \cup \tau)$. Also if β' is the unknotting tunnel for k^* given by the lemma, then $k^* \cup \beta' \subset N(k \cup \tau)$. Now β' can be modified to be an arc β with endpoints in k^* . It follows that if k^{**} is an iterate of k^* and β , then k^{**} can be isotoped to lie in $N(k \cup \tau)$. By isotoping k^{**} , if necessary, we have that $k^{**} \cap N(\tau)$ consists of a collection of arcs parallel to τ .

Theorem 3.2. *For each pair of integers $g \geq 1$ and $n \geq 1$, there are tunnel number one knots K such that there is an essential meridional surface \hat{S} in the exterior of K , of genus g , and with $2n$ boundary components. Furthermore, \hat{S} is meridionally incompressible.*

Proof. Let k be a tunnel number one knot. Suppose that k has an unknotting tunnel $\tau' = \tau_1 \cup \tau_2$, where τ_1 is a simple closed curve, and τ_2 is an arc connecting k and τ_1 . Suppose there is a closed surface S of genus $g \geq 1$ embedded in the exterior of k , which is special with respect to k and τ' .

S divides S^3 into two parts, M_1 and M_2 , where, say, τ_1 is contained in M_1 . $M_2 \cap N(\tau')$ is a cylinder $R \cong D^2 \times I$, so that $R \cap S$ is a disk D_1 , and $R \cap N(k)$ is a disk D_0 . Slide τ_1 over τ_2 , to get an arc τ with both endpoints on $D_0 \subset N(k)$, so that $\tau \cap M_2$ consists of two straight arcs contained in R . The surface S and the arc τ intersect in two points.

Let k^* be an iterate of k and τ ; then $k^* = k_1 \cup k_2$, where k_2 is an arc parallel to τ , so it intersects S in two points. Now k_1 is an arc in $\partial N(k)$ whose endpoints lie on D_0 . By pushing k_1 into the interior of $N(k)$ we get a properly embedded arc in $N(k)$. Clearly k_1 can be chosen so that $(N(k), D_0, k_1)$ forms a good tangle, just by taking an arc whose wrapping number in $N(k)$ is ≥ 2 . Note that k_1 has no local knots in $N(k)$, for it is parallel to an arc lying in $\partial N(k)$. If k is parallel to a curve on S , let λ be the curve on $\partial N(k)$ which cobounds an annulus with a curve on S , so that λ meets D_0 in one arc; let $A = \eta(\gamma \cup D_0)$. Clearly k_1 can be chosen so that $(N(k), D_0, k_1)$ is good with respect to A , say by twisting k_1 meridionally as many times as necessary; this can be done because the annulus A goes longitudinally once around $N(k)$, and the wrapping number of k_1 in $N(k)$ is ≥ 2 . So k^* can be chosen to be specially knotted in $N(k \cup \tau)$. It follows from Theorem 2.1 that $\hat{S} = S \cap E(k^*)$ is an essential meridional surface in $E(k^*)$, and $\partial \hat{S}$ consists of two meridians of k^* .

This implies that k^* is a tunnel number one knot which has an unknotting tunnel $\beta' = k \cup \delta$, where δ is a straight arc connecting k^* and k . Let β be the arc obtained after sliding k over δ . $N(k^* \cup \beta)$ can be chosen so that it is contained in $N(k \cup \tau)$. Let k^{**} be an iterate of k^* and β , so $k^{**} = \kappa_1 \cup \kappa_2$, where $\kappa_1 \subset \partial N(k^*)$, and κ_2 is the tunnel β . Note that $k^{**} \subset N(k \cup \tau)$. The arc κ_1 can be isotoped so that $\kappa_1 \cap N(\tau)$ consist of straight arcs, and it can be chosen so that $\kappa_1 \cap N(\tau)$ consists of n arcs, n being a fixed positive integer. So k^{**} intersects S in $2n$ points. $k^{**} \cap N(k)$ then consists of n arcs, ρ_0, \dots, ρ_n , which are properly embedded on $N(k)$, and whose endpoints lie in D_0 . Clearly k^{**} can be chosen so that $(N(k), D_0, \rho)$ forms a good tangle, say by choosing them so that each arc ρ_i , except one, is parallel to k_1 , and so that each has wrapping number ≥ 2 . The remaining arc can be chosen to be a band sum of the arc k_1 and the knot k , so it can be chosen to have wrapping number ≥ 3 . If k is parallel to S , again k^{**} can be chosen so that $(N(k), D_0, \rho)$ is good with respect to A . Then by Theorem 2.1, the surface $\hat{S} = S \cap E(k^{**})$ is an essential meridional surface in $E(k^{**})$, and $\partial \hat{S}$ consists of $2n$ meridians of k^{**} .

If S is meridionally incompressible, then \hat{S} is meridionally incompressible. If S is meridionally compressible, then k^* and k^{**} can be chosen so that \hat{S} is meridionally incompressible. \square

It follows from the proof of Theorem 3.2 that for the knots k constructed in [E2], there are many iterates of k , whose exteriors contain an essential meridional surface. This is because for such knots, there is an unknotting tunnel τ' and a surface S which is special with respect to k and τ' . Note also that some of these knots k are parallel to the surface S , while others are not [E2,8.2].

An example which illustrates Theorem 3.2 is shown in Figure 4. Let k be the (2,-11)-cable of the left hand trefoil; there is a torus S and unknotting tunnel τ' for k , so that S is special with respect to k and τ' . Note that k is parallel to a curve on S . The knot k^* shown in Figure 4 is an iterate of k and the tunnel τ' . It is not difficult to check that

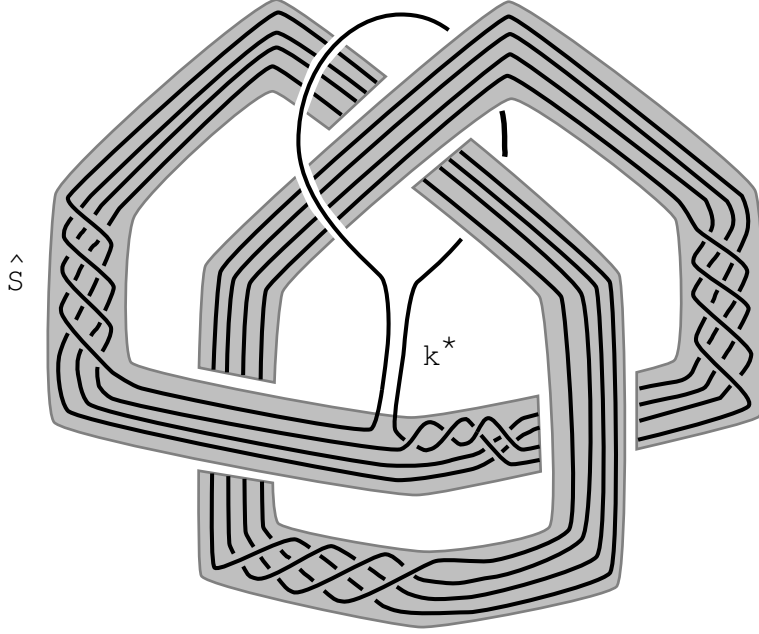


FIGURE 4

k^* satisfies the conditions of Theorem 2.1. So it follows that \hat{S} is an essential meridional surface in $E(k^*)$.

Combining the last theorem and the construction given in [E2,§6], we get the following.

Theorem 3.3. *For each positive integer n , there are tunnel number one knots K , such that in the exterior of K there are n disjoint, non-parallel, closed incompressible surfaces. Each of the surfaces has genus n . One of the surfaces is meridionally compressible; the others are meridionally incompressible.*

Proof. Recall the construction given in [E2,§6]. Let k_1 be a knot, $\tau' = \tau_1 \cup \tau_2$ an unknotting tunnel, and S_1 an essential surface of genus g embedded in $E(k_1)$, which intersects τ' in one point. So S_1 is special with respect to k_1 and τ' (in both definitions, the one given here and the one in [E2,§6]; see [E2,6.1], which shows that this is true). Let $T = \partial N(k_1)$. Let A be an annulus contained in T , and let α be the core of this annulus. Suppose that α wraps around $N(k_1)$ at least twice longitudinally. If k_1 is parallel to S_1 , suppose also that $\Delta(\gamma, \alpha) \geq 2$, where γ is a curve on $\partial N(k_1)$ which cobounds an annulus with a curve on S_1 .

S_1 divides S^3 into two parts, M_1 and M_2 , where, say, k_1 is contained in M_2 . Let $\tau'_2 = M_2 \cap \tau_2$; so τ'_2 is an arc with an endpoint on S_1 and the other on $\partial N(k)$, which we assume lies on the curve α . The curve α goes around $N(k)$ at least twice longitudinally, then it is a toroidal graph of type 1 in $N(k)$, as defined in [E2,§4]. Let $M = M_2 - \text{int } N(k)$. M is a 3-manifold with incompressible boundary. To show that $\tau'_2 \cup \alpha$ is a cabled graph in M_2 , as defined in [E2,§6], it suffices to prove that S_1 remains incompressible after Dehn filling M along $\partial N(k)$ with slope α . If k is not parallel to a curve on S_1 , then as $\Delta(\alpha, \mu) \geq 2$, this follows from the main Theorem of [Wu]. If k is parallel to a curve

on S_1 , then by hypothesis, $\Delta(\alpha, \gamma) \geq 2$, and by [CGLS,2.4.3] it follows that S_1 remains incompressible.

$N(\tau'_2)$ is a cylinder $R \cong D^2 \times I$, so that $R \cap S_1$ is a disk D_1 , and $R \cap N(k_1)$ is a disk D_0 . Assume that $D_0 \subset A$. Consider the manifold $W = M_1 \cup R \cup N(A)$, and let $\Sigma = \partial W$. As $\tau'_2 \cup \alpha$ is a cabled graph in M_2 , it follows from [E2,6.3] that Σ is incompressible in $S^3 - \text{int } W$.

Let τ be the arc obtained by sliding τ_1 over τ_2 , so that $M_2 \cap \tau \subset R$. Now take an iterate k_2 of k_1 and τ of a special form. As before $k_2 = \kappa_1 \cup \kappa_2$, where $\kappa_2 = \tau$, and κ_1 is an arc in $\partial N(k_1)$. Suppose that κ_1 is contained in A , so that its wrapping number in $N(A)$ is ≥ 2 (i.e., $\rho = k_2 \cap N(A)$ is a properly embedded arc in $N(A)$ whose endpoints lie on $D'_0 = R \cap \partial N(A)$, and we are requiring that the curve obtained from ρ by joining its endpoints with an arc lying on D'_0 has wrapping number ≥ 2 in $N(A)$). Then $k_2 \subset W$, and it follows from [E2,6.4] that Σ is incompressible and meridionally incompressible in (W, k_2) . So Σ is a meridionally incompressible surface contained in the exterior of k_2 of genus $g + 1$. By [E2,8.2], it follows that k_2 is not parallel to a curve lying on Σ .

It is not difficult to see that the knot k_2 also satisfies the hypothesis of Theorem 2.1; in particular, note that the arc κ_1 has wrapping number ≥ 4 in $N(k_1)$ (for κ_1 has wrapping number ≥ 2 in $N(A)$, and α has winding number ≥ 2 in $N(k_1)$). Therefore the surface $\hat{S} = S_1 \cap E(k_2)$ is meridionally incompressible in $E(k_2)$, its boundary consists of two meridians of k_2 . By tubing \hat{S} , we get two closed surfaces in $E(k_2)$, of genus $g + 1$. By an application of the handle addition Lemma [J], one of the surfaces must be incompressible in $E(k_2)$; this has to be the surface lying on M_2 , for the one lying in M_1 bounds a handlebody. Denote by \bar{S} such an incompressible surface; note that it is meridionally compressible. Then there are two different closed incompressible surfaces in $E(k_2)$, Σ and \bar{S} . By isotoping \bar{S} into W , these surfaces become disjoint and are obviously non-parallel.

Note that there is an unknotting tunnel $\beta' = k_1 \cup \delta$ for k_2 , where δ is a straight arc in $N(k_1)$ connecting k_1 and k_2 which intersects both surfaces Σ and \bar{S} in one point. Then Σ and \bar{S} are both special with respect to k_2 and β . Note that \bar{S} is closer to k_2 and Σ is closer to k_1 ; that is, the arc δ , when going from k_2 to k_1 , intersects first \bar{S} and then Σ .

We have proved that there is a tunnel number one knot k_2 which has an unknotting tunnel $\tau' = \tau_1 \cup \tau_2$, and two disjoint, non-parallel closed incompressible surfaces in its exterior, each of genus $g + 1$, denoted by Σ and \bar{S} , and which are special with respect to k_2 and τ' . Σ is meridionally incompressible and \bar{S} is meridionally compressible, and the arc τ_2 , when going from k_2 to τ_1 intersects first \bar{S} and then Σ . Furthermore, k_2 is not parallel to a curve lying on any of the two surfaces.

Suppose by induction that we have a tunnel number one knot k_n , which has an unknotting tunnel $\tau' = \tau_1 \cup \tau_2$, and n disjoint, non-parallel closed incompressible surfaces in its exterior, of genus $g + n$, denoted by S_1, S_2, \dots, S_n , which are special with respect to k_n and τ' . S_2, \dots, S_n are meridionally incompressible and S_1 is meridionally compressible, and the arc τ_2 , when going from k_n to τ_1 intersects the surfaces in the order S_1, S_2, \dots, S_n . Furthermore, k_n is not parallel to a curve lying on any of the surfaces.

The above construction can be repeated with k_n , $\tau' = \tau_1 \cup \tau_2$ and S_1, S_2, \dots, S_n . S_i divides S^3 into M_1^i and M_2^i , where k_n lies in M_2^i . Clearly, if $i < j$ then $M_2^i \subset M_2^j$. Let α be

a simple closed curve on $\partial N(k_n)$, which goes at least twice longitudinally around $N(k_n)$. Suppose that the endpoint of τ_2 lies on α . Let $\tau_2^i = M_2^i \cap \tau_2$; then, as above, $\alpha \cup \tau_2^i$ is a cabled graph in M_2^i , for k_n is not parallel to a curve lying on S_i .

Let R_i be a regular neighborhood of τ_2^i in M_2^i , so that $R_i \cap S_i$ is a disk D_1^i , and $R \cap N(k_n)$ is a disk D_0^i . Assume that $D_0^i \subset A$, where $A = \eta(\alpha)$. Consider the manifold $W_i = M_1^i \cup R_i \cup N_i(A)$, where $N_i(A)$ is a neighborhood of A . Let $\Sigma_i = \partial W_i$. As $\tau_2^i \cup \alpha$ is a cabled graph in M_2^i , it follows from [E2,6.3] that Σ_i is incompressible in $S^3 - \text{int } W_i$. The neighborhoods $R_i \cup N_i(A)$ can be chosen to be thinner if $j > i$, that is, $M_2^i \cap (R_j \cup N_j(A)) \subset R_i \cup N_i(A)$ if $i < j$. Then the surfaces $\Sigma_1, \Sigma_2, \dots, \Sigma_n$ are disjoint.

Let τ be the arc obtained by sliding τ_1 over τ_2 , so that $M_2^i \cap \tau \subset R_i$, for all i . Now take an iterate k_{n+1} of k_n of a special form. As before $k_{n+1} = \kappa_1 \cup \kappa_2$, where $\kappa_2 = \tau$, and κ_1 is an arc in $\partial N(k_n)$. Suppose that κ_1 is contained in A , so that its wrapping number in $N_n(A)$ is ≥ 2 . Then $k_{n+1} \subset W_i$, and it follows from [E2,6.4] that Σ_i is incompressible and meridionally incompressible in (W_i, k_{n+1}) . So Σ_i is a meridionally incompressible surface in the exterior of k_{n+1} of genus $g + n + 1$. Again by [E2,8.2], it follows that k_{n+1} is not parallel to a curve lying on Σ_i .

The knot k_{n+1} intersects the surface S_n in two points, the wrapping number of κ_2 in $N(k_n)$ is ≥ 4 , and k_n is not parallel to a curve on S_n . So k_{n+1} and S_n satisfy the conditions of Theorem 2.1, and then $\hat{S}_n = S_n \cap E(k_{n+1})$ is an incompressible, meridionally incompressible surface in $E(k_{n+1})$ whose boundary consists of two meridians of $E(k_{n+1})$. Then as above, by tubing \hat{S}_n on the side of M_2^n and isotoping into W_n , we get a closed surface Σ_{n+1} which is incompressible but meridionally compressible in the exterior of k_{n+1} . The tube added to the surface can be chosen so that it lies in the interior of $R_n \cup N_n(A)$; this ensures that Σ_{n+1} is disjoint from Σ_i , for $1 \leq i \leq n$.

(From the surface S_i we can also get a meridionally compressible surface Σ'_i , but it will intersect Σ_j , if $i < j$. But note that $\Sigma_{n+1} = \Sigma'_n, \Sigma'_{n-1}, \dots, \Sigma'_2, \Sigma'_1, \Sigma_1$, are disjoint).

There is an unknotting tunnel β' for k_{n+1} of the form $\beta' = k_n \cup \delta$, where δ is a straight arc in $N(k_n)$ connecting k_n and k_{n+1} . Note that δ intersects each surface Σ_i in one point; this implies that Σ_i is special w.r.t. k_{n+1} and β' . Note also that the arc δ , when going from k_{n+1} to k_n , intersects the surfaces in the order $\Sigma_{n+1}, \Sigma_n, \dots, \Sigma_1$. Finally, note that the surfaces cannot be parallel, for if two of them were, then two of the surfaces S_i would also be parallel.

This shows that k_{n+1} , β' , and $\Sigma_{n+1}, \Sigma_n, \dots, \Sigma_1$ satisfy the induction hypothesis. This completes the proof.

By starting with a surface S of genus 1, and repeating the construction $n - 1$ times, we get the desired conclusion. \square

Remark. It follows from the proof of the above theorem that by changing the induction hypothesis, we can find a tunnel number one knot k , with n incompressible surfaces in its exterior, S_1, S_2, \dots, S_n , so that S_n is meridionally incompressible, but S_i , for $1 \leq i \leq n - 1$, is meridionally compressible, and S_n is the surface which is farthest from the knot. It follows also that there are tunnel number one knots whose exteriors contain two collection of disjoint incompressible surfaces, S_1, \dots, S_n , and $\Sigma_1, \dots, \Sigma_n$, where the S_i are meridionally incompressible, and the Σ_i are meridionally compressible.

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